

Find a partner and talk about the issues below:

1. What do you eat when you feel peckish and it's not lunch time?
2. What food do we eat that might be considered 'poisonous'? Why is it 'poisonous'?
3. What popular ways of losing weight are you familiar with?
4. Explain how to prepare a dish you enjoy eating.
5. What food can be eaten raw? Why is it dangerous to eat some food raw?

